3 Glasses Water Help Constipation

One glass of water is not enoughtake three glasses one hour before breakfast. Much better results are ebtained by adding a teaspoon of simple glycerin, saline compound (known as Adlerika) to each glass.

Adlerika acts on BOTH upper and lower bowel and removes old waste

Sentiment played a large part in the sale of the Willis Mack home at Comptche recently when Mr. and Mrs. George Perry, of this city, purchased the ranch, the girlhood home of Mrs. Perry, who is a sister of Willis Mack. Mr. and Mrs. Perry will reside at their new home henceforth.

松水洗水洗水洗水洗水洗水洗水洗

Holiday Fares

Between all stations on the Northwestern Pacific Railroad, reduced holiday fares are

in effect from December 13 to December

31, 1929, and also on January 1, 1930.

Round-trip tickets will be sold at one and

one-third times the regular one-way fares.

Plan to make several trips over the North-

western Pacificatthese bargain fares during

the Christmas and New Year's Holidays.

For further information, ask Agent

NORTHWESTERN PACIFIC

Redwood Empire Route

Uniformly

Delicions

No matter how often you serve

Ghirardelli's Ground Chocolate, you

will find its flavor uniformly full and

aromatic. The most convenient form

of chocolate comes in this vacuum-

sealed tin. Ask for it --- say "Gear-

ar-delly" to your grocer.

GHIRARDELLI'S

रामको । प्राचनको व्यानको विद्यालय । प्राचनको ।

The

Victor Radio

On Easy Payments At

Joseph

pround CHOCOLATE

Minimum round-trip fare, 60 cents.

The return limit is January 6.

He Performed A Stunt HOPLAD

There was a railroad accident out near Boyle's Camp several days ago when the company's locomotive No. 3 crashed through a trestle. The bridge was on fire when the engine approached the trestle in charge of Engineer George McClintock who, like the immortal "Casey Jones," never dinched from denger and like Casey. Adlerika acts on Bolsa and some lower bowel and removes old waste matter you never thought was in your system. Stops gas and sour stomach in TEN minutes! Relieves "He tooted the whistle and he rang constipation in two hours. Morris (Advt.)

Brug Co. (Advt.)

Waste George machine in Casey Jones," never finched from danger and like Casey: "He tooted the whistle and he range the bell and he crashed on the trestle like a bat out of hell." The fire had weakened the support of the bridge, a fact unknown to Engineer McClintock. and as the heavy locomotive tock, and as the heavy locomotive went on the bridge it gave way and the engine dropped and rolled over.
The oil supply for the oil burner caught fire and burned until the oil was consumed. As the full was but a short distance the locomotive was not damaged. Engineer McClintock came out without injury.

Play In Northwest School Division

IN FAST CROWD

the basketball league of the North away suddenly Thursday at the home western Division of the North Coat of his sister, Mrs. Rachel Markham, Section of the California Interscholasis as he was about to join family member federation. Other high schools in bers at a Thanksgiving dinner. The federation had a hemorrhage. The service was held at meeting at the Ukiah union high the Baptist church with Rev. Claud school on November 16 and elected Mosher officiating. Interment was in the Charge of Edward A. Eversole at the Ukiah school president and Principal Ukiah cemetery. Mr. Howard was in Ukiah school president and Principal Ukiah cemetery. Mr. Howard was McNear, of the Clear Lake Union the son of the late Mr. and Mrs. Wilhigh school, as secretary. The league itam Howard, pioneer residents. basketball games will begin about Was A Ranger.

He was born at Willits 49 years are and was a formal well begin as a formal was an angle will be so as a formal well was a secretary.

Scouts Had Meeting. The Hopland Boy Scouts held a meeting at the high school. Judge D.

R. Ward is scoutmaster. F. J. Tolman and daughter were recent Lakeport visitors.

Mrs. Paul Mathews, of Ukiah, visited here with her sister, Mrs. Russell Patteson lately. Judge Don Ward has taken delivery of a new Oldsmobile sedan.

A. F. Moulton returned recently from a visit of two weeks with his uncle, E. C. Van Allen, at Forest

A Close Contest.
The first game of the basketball season was played recently between the high school and the alumni at the local court. The score was 28 to 26 in favor of the school team. The score was tied until the last quarter when five minutes was added to the regunar playing time which enabled the high school team to score the extra two points. In the second practice game the high school five managed to outclass the opposing alumni by a score of 35 to 20. The line-up was: High School—J. Williams, L. Wilson, B. Beckstrom, S. Turner, F. Williams and M. Schmidt; Alumni—H. Myers, B. Gibson, B. Smalley, V. Harpe and P. Chossi.

Still Another Wreck.

"Meal Ticket Turn" on the Redwood Highway a short distance south of here was the cause of another wreck recently when Ewing Maddux and two companions, including a girl from Vallejo, failed to negotiate the turn and went over, badly damaging the machine. The occupants escaped with a bad shaking up.

TD A WITADDAYC

"In the second practice "Astronomy for Boys," Harris Gable; "Astronomy for Boys." Harris Gable; "Astronomy for Boys." Harris Gable; "Tarzan and the Lost Empire," Ed able; "Astronomy for Boys." Harris Gable; "Tarzan and the Lost Empire," Ed able; "Tarzan and the Lost Empire," Ed able; "Astronomy for Boys." Harris Gable; "Tarzan and the Lost Empire," Ed able; "Astronomy for Boys." Harris Gable; "Us A to Louis M Giannecchini; Control of SW's, E ½ of SW's, lar playing time which enabled the high school team to score the extra

CRAWFORD'S Creosoted **COUGH EXPECTORANT**

TRY IT

YOUR BANKER

WILL APPROVE

orchard up to highest efficiency—is good business. It protects your investment, your fiture profits, your credit. Your banker knows that nobody ever

made money from plowing, cultivating and irrigat-

Unprofitable trees Well toughened wood

should be replaced each fiber; highly developed

ing vacant spaces in an orchard!

year. Make a mental note

to go over your orchard

right now and jot down

Then send us your list

for quotation. Early ac-

tion is important. With

the total supply of nur-

sery stock much less than

normal, there won't be

enough footbill-grown

Bergtholdt footbill-

grown trees have quali-

ties peculiar to our de-

Newcastle

composed granite soil: list today.

THE SILVA-BERGTHOLDT Co.

Leading nurserymen-growers, packers and shippers

of California fruits-for over 30 years.

trees to go around.

your requirements.

REPLANTING - to keep your

dormant buds; a fibrous,

well-branched root sys-

tem - assuring more har-

diness and "pep"-better

start-off after transplant-

dependable, true-to-type,

accurately graded, and

protected in delivery.

Yet they cost you no more

than ordinary valley-

grown stock. Whether

for replanting or new

planting it will pay to

act at once. Send us your

California

Bergtholdt trees are

Mentholated

THURSDAY

Basketball Five Is To Smiden Stroke Of Apolexy Removes A Pioneer Man

(Special Correspondence of The Press)

HOPLAND, Dec. 3: — The Hopland union high school is a member of Elmer (Bill) Howard, who passed the basketball league of the North
away suddenly Thursday at the home

Afterneon At Bridge.

He was born at Willits 49 years ago and was employed here as a formula for the bridge club at her home recently.

Estelle Alvarez and Marie Dooley ham, Mrs. Fred Rothchild and Mrs. Estelle Alvarez and Marie Dooley ham, Mrs. Fred Rothchild and Mrs. Ered Smith and a brother, Lew ments were served late in the afterneon.

NEW BOOKS AT LIBRARY

Fiction—"Adios," Lanier Bartlet;
a "The Uncertain Trampet," A. S. M.
Hutchinson; "Five and Ten," Fannie
Hurst; "The Murder in the Laboratory," T. L. Davidson; "Cousin
Beryl," J. C. Snaith; "The Glenlitten
Murder," E. Phillips Oppenheim;
"The Methodist Faun," Anne Parrish;
"The Methodist Faun," Anne Parrish;
"The Methodist Faun," Anne Parrish;
"Willard Eliot; "Have You an Educated Heart?" Gelett Burgess; "Annotrew Johnson," Lloy Stryker; "The Quest for Certainty," John Dewey;
"Luck, Your Silent Partner," Lothor of Coust, Nat'l Bk of Italy to Henry G Soeth et aux; dated 11-12-29; and the Johnson, "Birds and Italy to Henry G Soeth et aux; dated 11-12-29; action to quiet title to SE's of SE's Tract 44, E½ of Nuty, Tract 42, SW¼ of Nuty, Tract 42, SW¼ of Nuty, Tract 42, SW¼ of Nuty, Tract 44, SW¼ of Nuty, Tract 42, SW¼ of Nuty, Tract 44, SW¼ of Nuty, Sw¼ of Nuty, Tract 44, SW¼ of Nuty, Sw¼ of Nuty, Tract 44, Sw¼ of Suty, Sw¼ of Nuty, Nuty, Sw of Sw¼, Sw¼ of Nuty, Nuty, Sw of NEW BOOKS AT LIBRARY

Ernest Abert and wife are home from a trip to Los Angeles,
A. E. Fox was a recent business visitor to Santa Rosa. Miss Nellie Teal, teacher of the of N½ of Gobbi's Addn to Vkiah; AGREEMENT FOR SALE:

McDowell Valley school, passed the week-end at Willis with her mother.

Art and Food Bookley by the following the control of the second of the school of the second of t

Art and Earl Beasley had as a house guest recently Ed. Ardoin, of San Francisco.

Sustained Considerable Loss.

Two tractors, a truck and a large quantity of gasoline were destroyed by a fire on the Rosasco ranch re-

Instruments Recorded

November 21, 1929. 4 N, R 15 W MDM.

14 N, R 15 W MDM.

Sage Land & Imp Co to Goodyear Ledwood Libr Co; dated 10-29-20; lroperty in NW4, of NE4, 84, of NE4, 84, of NE4, 84, of Sec 7, Lot 5, SE4, of SW4, Lots 5 and 6, E4, of NW4, Lots 5 and 6, E4, of NW4, Lots 16, 17, 18, 19, 29, 30 and 31 in Sec 16, NE4, of NW4, Next Sec 17, Lots 6, 7, W4, of NW4 of Sec 17, Lots 6, 7, W4, of NW4 of Sec 17, Lots 6, 7, W4, of NW4 Sec 29, T 23 N, R 16 W MDM.

W MDM. Annie Groudorf to Joseph J Cohen; U S A to Chas Stuermann; dated lated 21-15-29; Lo tin Ukiah on E 1-30-19; Lots 1, 2, 7 and 3, in Tractide of S State St, being 100x164 ft. 11 Round Valley Reservation.

RECONVEYANCE: Edith R Yound and M M Roney (trustees) to H R Mogel et ux; dated 11-14-29; reconveys all int of deed of trust in bk 27 of O R, pg 252.

non & Wm Bromley (grantees), Svgs Bank of Mendocino Co (beneficiary); iated 11-21-29; Lot 6, Blk 7, N Wag-enseller's 2nd Add to Ukiah.

Dora Kramer (trustor), Napa Co Title Co (trustee), Napa Bldg & Loan Assa (beneficiary); dated 11-22-29; Lot 8 of Johnson & Ray's Sub

L.T. Tiliford to Associated Oil Co; 12 and 13 in 49k 60 dated 2-20-29; Tilford's Garage, Laytonville; from 2-20-29 to 2-20-32 DEED OF TRUST: with option to extend to 1934.

November 25, 1929. E R McCornack to E F Bigelow;

dated 11-19-29; prop in Secs 27 and 69 of Yokayo Rancho; \$12,009, 28, T 12 N, R 15 W MDM. MORTGAGES:

T J Patten to A Patten; dated 11-24-29; prop in Ukiah. R Johnson et ux to G V Wallach et al; dated 7-29-29; prop in Sec 28, T 14 N, R 13 W MDM. CONTROLLER'S RECEIPT:

N, R 13 W MDM.

DECREE:
G R Loomis to C V Loomis; dated
11-22-29; prop in Sees 18 and 19, T
16 N, B 16 W MDM.
E McCornack est to E R McCornack et al; dated 11-18-29; prop in Sees 27 and 28, T 12 N, R 13 W.
E McCornack est to E B Halliday et al; dated 11-18-29; prop in Sees 27 and 28, T 12 N, R 13 W MDM.
CHATTEL MORTGAGES:
O G O'Quest et ux to 8 Marks: dat-

O G O'Quest et ux to 8 Marks; dated 11-25-20; furniture and fixtures in Cecille Grill, Ukiah, to secure rent and performance of agreements of lease. C C Montgomery to Coast Nat'l Bk of Ft Bragg; dated 11-19-29; 128 sheep, 100 cattle, 648 lbs wool on Caspar Lbr Co ranch; \$750, 8 months at 8 per cent.

F Calvo et ux to Coast Nat'l Bk of Ft Bragg; dated 11-22-29; 8 cows; \$320, 1 yr at 8 per cent.

J DeCarli et al to Oregon Livestock

Loan Co; dated 3-15-29; 36 cattle;

Dr. E. C. Bennett PHYSICIAN AND SURGEON Phone 309

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DEED OF TRUST: A Turula et al to Bk of Italy; dated 11-20-29; prop in Yokayo Rancho;

November 21, 1929.

McNee Co to Goodyear Redwood br Co.; dated 10-8-29; Lots 1 and 8 f Sec 20, SW 4 of SW 4 Sec 21, T 4 N, R 15 W MDM.

Sage Land & Imp Co to Goodyear Sedwood Lbr Co.; dated 10-29-29; DMED.

'Married Life' Not

Worth While

Blames Wives' "Nerves"

"Weak nerves," said a New York doctor recently, "in my estimation wreck more happily married lives than any other cause."

Besides making the sweetest disposi-tion sour and irritable, nervousness is a terrible drain on your vital forces—it saps your youth and your strength and dulls your beauty. What a difference from the bright-syed, vibrant girl he married. No wonder married life seems unbeauty.

But you can get rid of your nervous-ness—speedily too—and become the steady-nerved, radiant woman you once were. Try the effect of Tanlac after meals and before going to bed, and if it

doesn't soon make a new woman of you ocean't rid you of that tired, strained feeling—go back and get your money.

Go to your dauggist now and get a bottle of Tanlac. Millions of folks have

started backon the road to youth, health and happiness with this world

feamous tonic and there is no reason why
you, too, can't begin today to rebuild
your worn-out tissues and revitalize
your entire system.

.. K. Van Allen, M. D.

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Phone 614

Marks Bldg.

Wm Simpson to Lena Simpson; CANCELLATION OF MORTGAGES: dated 7-12-23; Lot 5 in Blk 41 of Gustave F Goertz et ax to Frank F

Kelly Tract, Ft Bragg.

San Jose Abstract & Title Co to O B, pg 420, and in bk 41 of O R, pg 48.29 acres in Sec 25, T 17 N, R 14

November 27, 1929.

PATENT:

DEED:

Chas Stuermann to James Tyson (trustee) et al; dated 11-20-29; Lots 1, 2, 7 and 8, Tract 11, Round Valley Reservation.

Gistave F Goertz et ux to Bk of Covelo; dated 10-29-20; Lot in Cove-lo, bd N by Greley St, E by Grist lot, S by Grange St, W by F F Zeek lot; \$1750.

Calif Grape Prod Co to Ft Bragg Com'l Bk; cancels mtg in bk 9 of O R, pg 20.

Ante Turula et ux to Com'l Bk of Uklah; cancels mtg in bk 94 of mtgs, pg 150.

November 29, 1929. PATENT:

U S A to Dean R Bennett; dated 10-27-13; S½ of SW¼ Tract 36 and E¼ of SE¼ Tract 49, T 5 S, R 8 E HM. DEEDS

Fred Wilson et ux to V J Ford; dated 5-13-29; S½ Lot 46, Sec 31, T 23 N, R 12 W MDM; 5 acres. H N Ornbaun et ux to Herbert N)rnbaun; dated 11-27-29; N½ of NEW Sec 21, T 12 N, R 13 W MDM; 80 acres.

Between Mike Hill et ux and E F Jewett et ux; dated 11-26-29; Lots 12 and 13 in Bik 60, Ft Bragg; price

F H Perkins et al (grantors), C M Mannon & Win Bromley (grantees), Svgs Bk of Mendo County (3rd party); dated 11-27-29; 44 acres in Lot

MORTGAGES:

T J Patten to A Patten; dated 11-24-29; prop in Ukiah.

R Johnson et ux to G V Wallach et al; dated 1-29-29; prop in Sec 28, T 14 N, R 13 W MDM.

CONTROLLER'S RECEIPT:

Controller of State to J R Elder; dated 8-19-29; prop in Sec 28, T 14 N, R 13 W MDM.

N, R 13 W MDM.

MORTGAGES:

Jas L Short et ux to Bk of Covelo; dated 11-9-29; S½ of NE¼ Tr 24, N½ of NE¼ Tr 25, N½ of SE¾, N½ of NE¾ Treat 33½, Twp 6 S, R 8 E HM; \$300.

V J Ford to Bk of Covelo; dated 11-13-29; S½ of Lot 46 of Sec 31, T 23 N, R 12 W MDM; 5 acres; \$200. CHATTEL MORTGAGE:

Western Title Ins Co to C W Long; dated 3-22-27; reconveys prop in deed of trust in bk 6 of 1) of T, pg 304.

DECREE:

D W Ford et ux to Western Refrigerating Co; dated 11-22129; 6 cows and 100 White Leghorn chickens; \$128.

Coast Nat'l Bk of Ft Bragg to A Bartallini et ux; dated 11-26-29; rel of migs in bk 35 of O R, pg 495.

HOTEL



24 hours by the clock. . . . When you bring it in, a bedraggled garment of dust, stains and wrinkles . . . When you call for it, a smooth fabric, spotlessly clean.

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